

Signs of Suicide (SOS) Prevention Program: Info & Public Virtual Meetings.



The SOS program is coming to the Nelsonville-York City School District this month. It is a suicide prevention program through Nationwide Children's Hospital. The goal of the Signs of Suicide (SOS) Prevention Program is to reduce youth suicides by teaching students and staff to recognize the signs and symptoms of suicide and depression in themselves and others and to follow the ACT (Acknowledge, Care, Tell) message. The program will be provided to middle school students in November, grades 9 and 10 in December and grades 11 and 12 in April.

The SOS program encourages conversation around mental health issues, including depression and suicide among school staff, families, and students. There are two key strategies to the program; an educational curriculum for students and adults, and a brief screening for depression and suicidal behavior, followed by a risk assessment for those students who need immediate help. Program components include training, peer-to-peer discussion, screenings, consultation, and caregiver/community education. This program is offered at no cost to the district.

To learn more about the program, parents and guardians can visit the [SOS Parent Portal](#).

Nationwide Children's Hospital virtual presentations are also available. For more information [click here](#).

If you or someone you know is thinking about suicide, contact the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255) or contact the Crisis Text Line by texting "START" to 741-741.

Visit the [Suicide Prevention Resource Center website](#) to learn more about this program.